

Your English Corner

Teaching English Through Parables and Discussion

Weekly Lessons Newsletter



English Corner

This Week's Lesson: **Sleep**

Volume 1, Issue 10, August 8, 2010

A recent study just published has claimed that people who sleep less or more than 7 hours have higher risks of heart disease. See link:

<http://www.couriermail.com.au/news/breaking-news/seven-hours-the-magic-number-for-sleep/story-e6freonf-1225900030390>

The topic of sleep is a common one for students. Often when people travel or stay in new or different places - sleep is often affected. Students often complain of always being tired due to 'sensory overload' - new tastes, new language, new culture ... and either can't sleep or sleep too much. This week's English Corner focuses on this issue and helps students to name what may be effecting their sleep and give them the opportunity to talk about it. The lesson finishes with a reflection from Philippians to hand over any worry and concerns to God.

Praying for you and your ministry

Kim and Ash

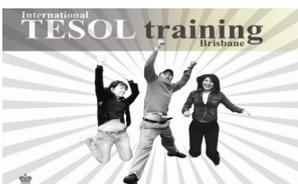
English Corner Brisbane



Brisbane English Corner had **Able, Ash, Ann and Hugh** - put those first initials together and you get **AAAH!** 4 Teachers and 80 students we need some help! If you would like to part of this wonderful opportunity to share God's love and to help the students - we would value your support. Just come this Tuesday and you will be loved!!

Kim and Ash

Next TESOL Courses



Brisbane: Day Time: August 27 - 15 October, Monday, Wednesday, Fridays and 3 Saturdays for 7 weeks. See www.interculturaltraining.com.au for more information.

Many blessings, Kim and Ashley Hood, Your English Corner

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Questions or comments? E-mail us at englishcorner@aapt.net.au or call Kim at 0421681801

Web Site: www.youenglishcorner.net

(Don't forget to let me know if you need to update your class information on the web).