

# Your English Corner

Teaching English Through Parables and Discussion

Weekly Lessons Newsletter



English Corner

Volume 2, Issue 24, July 10, 2011

## This Week's Lesson: Sleep

A recent study has claimed that people who sleep less or more than 7 hours have higher risks of heart disease. See link:

<http://www.couriermail.com.au/news/breaking-news/seven-hours-the-magic-number-for-sleep/story-e6freonf-1225900030390>

The topic of sleep is a common one for students. Often when people travel or stay in new or different places - sleep is often affected. Students often complain of always being tired due to 'sensory overload' - new tastes, new language, new culture ... and either can't sleep or sleep too much. This week's English Corner focuses on this issue and helps students to name what may be effecting their sleep and give them the opportunity



to talk about it. The lesson finishes with a reflection from Philipians to hand over any worry and concerns to God.

Praying for you and your ministry

*Kim and Ash*



### Community Detention Asylum Seekers wanting to attend our English classes

As you will be aware the Federal Government have implemented a program whereby families and children in Detention facilities around Australia are being placed from detention centers into the community while their visa status is determined.

Australian Red Cross is the lead agency delivering the expanded Community Detention program. Under the Community detention, children under 17 are allowed access to school but adults receive no funding to attend English classes so the Red Cross are keen to see them being able to access the classes.

I will be gathering information about the needs of the various asylum seekers and will hope to have a Red Cross worker come and share on ways we can support asylum seekers who may be attending our classes. If you know of anyone with experience in this area, please let me know.

Praying once again that God will lead the people He wants to our classes.

*Kim*

ENGLISH CORNER LESSONS POSTED WEEKLY ON THE WEB!

(see [www.youenglishcorner.net](http://www.youenglishcorner.net))

Click on the link below and enter the password:

**englishcorner2010**

<http://www.youenglishcorner.net/401/login.php?redirect=/teachers-page.html>

You will find the weekly English Corner newsletter as well as the lessons.



**Brisbane: Day Time:** 27th May - 16th July, Monday, Wednesday, Fridays and 3 Saturdays for 7 weeks.

**Brisbane Night Time: Week Nights, Semester 2:** 26 July - 22 November, 2011

**Melbourne: Night Time:** Tuesday evenings, 16 July - 15 November plus 3 weekend workshops: 16/17 July, 27/28 August, 8/9 October.

**Melbourne Day Time:** Monday, Wednesdays and Fridays: 22 July - 16 September 2011

See [www.interculturaltraining.com.au](http://www.interculturaltraining.com.au) for more information.

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Questions or comments? E-mail us at [englishcorner@aapt.net.au](mailto:englishcorner@aapt.net.au) or call Kim at 0421681801

Web Site: [www.youenglishcorner.net](http://www.youenglishcorner.net)

(Don't forget to let me know if you need to update your class information on the web).